



It is the time of the year for us to reach out to the needy in our community.



Dear Members, Friends & Staff of MIS,

Food from the Heart (FFTH) is a voluntary food distribution programme which helps the truly needy families in financial difficulties by providing them with foodstuffs donated by people like you and me. By being involved in this food donation drive, a part of the MIS Cares Project, we hope to raise community awareness for the less fortunate. In order to achieve the objective, we require your strong support and kind donation.

Items to be donated

General Food

- Rice
- Cooking Oil
- Instant Noodles / Bee Hoon
- Biscuits
- Coffee / Tea
- Milo / Ovaltine / Horlicks / Cereals
- Milk: Powdered / Sweetened Condensed

Canned Food

- Sardines / Tuna
- Curry Chicken
- Button Mushrooms
- Baked Beans
- Green Peas
- Luncheon Meat (Halal/ Non-halal)
- Fruits (Longan, Pineapple, Lychee, Peach etc)

Collection Period

8 November to 7 December 2010, 9.00am – 6.00pm
Closed on Saturdays and Sundays

Drop-off Venues

MIS Executive Club 51 Anson Road, #03-53 Anson Centre
MIS Campus 10 Raeburn Park Block C #01-33

Organised by:



**The National
Body for Sales
and Marketing**

For more information, please contact us at

Tel: 6327 7593 / 92 / 91 or email: membership@mis.org.sg